

2010 Classes for Infinite Health

Women's Health

Wednesday January 6, 2010 @ 6:30pm

Fibromyalgia

Wednesday February 3, 2010 @ 6:30pm

Stress Management

Wednesday March 3, 2010 @ 6:30pm

Asthma & Allergies

Wednesday April 7, 2010 @ 6:30pm

Reduce the Effects of Aging

Wednesday May 5, 2010 @ 6:30pm

Summertime Tips for Back Pain Prevention

Wednesday June 2, 2010 @ 6:30pm

Backpack Safety

Wednesday July 7, 2010 @ 6:30pm

Academic Headache

Wednesday August 4, 2010 @ 6:30pm

The Flu and You

Wednesday September 1, 2010 @ 6:30pm

Nutrition Basics

Wednesday October 6, 2010 @ 6:30pm

Holiday Stress to Success

Wednesday November 3, 2010 @ 6:30pm

All Natural Cold Relief for Children

Wednesday December 1, 2010 @ 6:30pm